



## ENDING VIOLENCE, A DIALOGUE GUIDE FOR PARTICIPANTS

Beyond participating in Moose Hide Campaign Day, what actions can we take to support ending violence toward women and children?

This time invites us to gather and hold constructive conversations to see what we can uncover. Rooted in traditional Circle Way and western Appreciative Inquiry approaches, some may wish to familiarize themselves with agenda guide below.

Agenda Overview for 65 Minute Office Table Discussion
<b>Acknowledgement and Welcome (2 min)</b>
<b>Intentions and Flow (1 min)</b>
<p><b>Co-creating a Learning and Sharing Environment (5 min)</b></p> <p>We will be discussing what we might need to create a safe space where all may offer what we can and ask for what we need. Here are some suggestions to begin:</p> <ul style="list-style-type: none"> <li>• Speak on behalf of yourself only.</li> <li>• If you are not speaking, your job is to listen wholeheartedly, be curious and to seek understanding.</li> <li>• Speak honestly and leave time for silence, emotion and vulnerability.</li> <li>• Assume best intentions; Clumsy words are a sign of learning.</li> <li>• All are invited to take care of their own needs (e.g., bathroom break, stepping away from the conversation, sitting out of an activity).</li> </ul>
<b>Grounding Exercise (1 min)</b>
<p><b>Check in and Introductions (5 min)</b></p> <p>We will share:</p> <ul style="list-style-type: none"> <li>• Name (including traditional name if you have one &amp; sharing it is a practice within your culture)</li> <li>• Where are your ancestors from, and what is your cultural identity/background (if you know it)</li> <li>• What is in your heart?</li> </ul>
<p><b>Discovery Dialogue – What Gives Life? (5 min)</b></p> <p>Consider the question “What gives life?” As life is a positive energy force, think of this as something that you may be experiencing right now that brings a sense of hopefulness, well-being, optimism or enthusiasm to our time together.</p>
<p><b>Dream Dialogue – What Might Be? (10 min)</b></p> <p>Imagine that the world the children and grandchildren have inherited is a good world, a better world than the one you once knew. What does this new world look like? How and where do people live in greater harmony? What do you, me or others do differently? What can you envision? This is the foundation of our dream.</p>
<p><b>Design Dialogue – What Could Be? (13 min)</b></p> <p>We will think about an ideal future and are looking to identify what we might do in this present tense to take steps toward our ideal futures? What 1 or 2 steps could we individually take? What could we do in partnership with others?</p>
<p><b>Destiny Dialogue – What Will Be? (13 min)</b></p> <p>We will consider how can we empower ourselves and others to begin taking those small steps toward ending violence for women, children and those on the gender continuum. What 1 or 2 actions can we as individuals (or in partnership) take this week? What about this month?</p>
<p><b>My Role in Ending Gender Based Violence (5 min)</b></p> <p>How will we take responsibility and ownership of our ideas? What is my commitment?</p>
<b>Self-care and Closing (5 min)</b>



## PARTICIPANT MATERIALS

### TAKING CARE OF YOURSELF

Conversations about ending gender-based violence may trigger strong memories and emotions. Please reflect on your self-care practices and reach out if you need additional support. Your organization may have health plan resources, other options include:

**[Moosehidecampaign.ca/help](https://moosehidecampaign.ca/help)**

**Nations Health Authority** (First Nations people in B.C.)  
Mental Health Benefit (counselling services from a qualified mental health provider)

**Métis Nation British Columbia** (all Métis people in B.C.) 24/7 Crisis Line: 1-833-638-4722 First

[Healing in color](#)

## ABOUT THE MOOSE HIDE CAMPAIGN

### Origins

The Moose Hide Campaign began as a BC-born Indigenous-led grassroots movement to engage men and boys in ending violence towards women and children. It has since grown into a nationwide movement of Indigenous and non-Indigenous Canadians from local communities, First Nations, governments, schools, colleges/universities, police forces and many other organizations – all committed to taking action to end gender-based violence and undo the effects of residential schools. Everyone is welcome to participate.

### Approach

The Campaign is grounded in Indigenous ceremony and traditional ways of learning and healing. A cornerstone of the Moose Hide Campaign is the [moose hide pin](#). Wearing the pin signifies your commitment to honour, respect, and protect the women and children in your life and speak out against gender-based and domestic violence. To date, over three million moose hide pins have been distributed free of charge to communities, schools, and workplaces across Canada.

Wearing the Moose Hide pin can be a daily reminder of taking a stand against violence and undoing the effects of Residential Schools and create a space for respectful dialogue. It indicates a commitment to take action in honour of women and children everywhere and is a symbol of honouring Indigenous medicine and belonging that is here to stay.

### OUR VISION

A COUNTRY ROOTED IN RECONCILIATION AND SAFE FOR EVERY WOMAN, CHILD, AND PERSON ALONG THE GENDER CONTINUUM.

### RESOURCE LINKS FOR OPTIONAL EXPLORATION

- [Moose Hide Campaign](#)
- [National Inquiry into Missing and Murdered Indigenous Women and Girls](#)
- [First Nation Health Authority Guide to Territorial Acknowledgements](#)
- [A Dialogue Guide for Facilitators and Hosts](#)