



STORYTELLING THROUGH SONG WITH

Fawn Wood



MOOSE HIDE
CAMPAIGN
CAMPAGNE
MOOSE HIDE

Recommended for grades 5-12

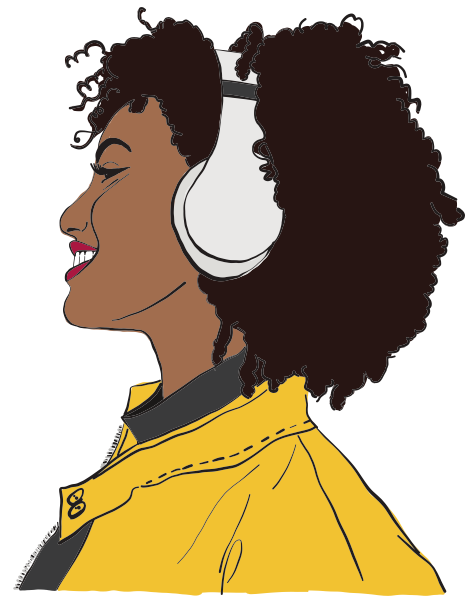
Fawn Wood is a Plains Cree and Salish musician from St. Paul, Alberta. Fawn is a Juno award winning musician who blends the sounds and songs of her ancestors with a modern fusion. Fawn's voice carries the stories of all her relations and her song "Remember Me" has been used countless times in advocacy work for MMIWG2+. Her music is helping to make change and showcase Indigenous stories through song. Fawn Wood tells her story of being from a musical family and how music has always inspired her and been a part of her life.

Join us as we hear from Fawn and learn about her journey into music, what her music means to her, and the role that music has in advocacy.

This lesson plan PDF includes discussion questions as well as follow up activities to do in future lessons to take a deeper dive into the power of storytelling through music. An approximate length for each lesson is listed.

Discussion questions

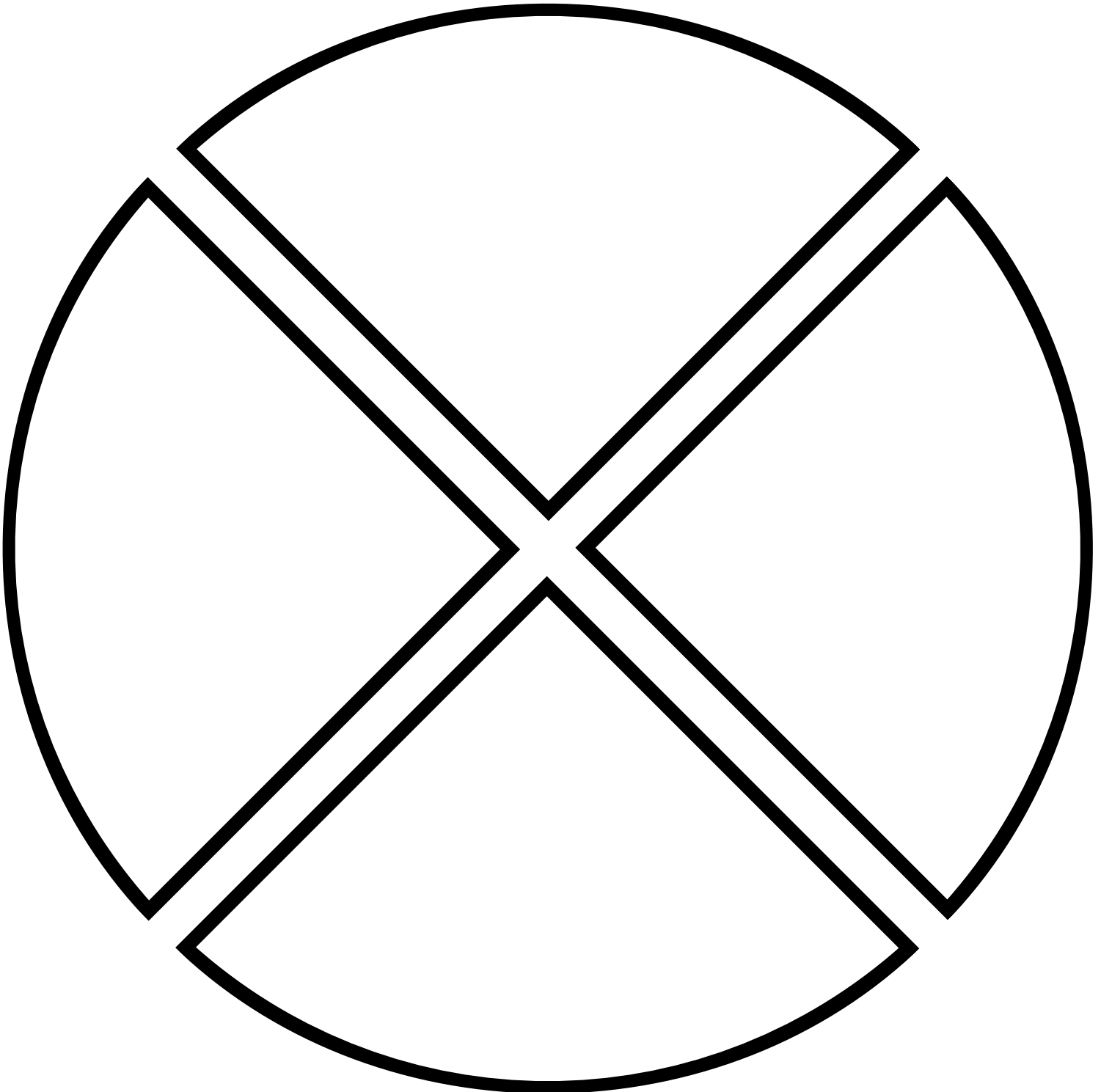
- Fawn talks about the challenges she had during her journey into music, and one of them was that there weren't many women singing the way Fawn sings. What other music genres can you think of that have mostly male voices present?
- Fawn speaks to how things don't always come easy and how important perseverance is; what are some of the things that you have had to persevere through?
- Fawn talks about how important it is to avoid comparing ourselves to others. Think about your own life. Are there times when you compare yourself to anyone? How can this be detrimental to your journey?
- What does "doing something from a good place" mean to you?
- Fawn tells us how her song "Remember Me" was given to her by her uncle. Fawn explains why the song was written and what it was originally about, but many other people saw something different and put their own meaning behind the song. It is often that people see their own stories or messages in song, are there any songs that mean something to you and why?
- Fawn's song has spread far and wide to bring the message of MMIWG2+ across the globe; what other songs do you know that help to spread an important message?
- Do you think music is something that is often used to spread important messages? Why or why not?
- Fawn talks about breaking the cycle of inter-generational trauma and how her parents went to Residential School. Do you think music is a part of the healing journey for both Indigenous and non-Indigenous people?



Stories through song with Fawn Wood

Individual or group activity (approx. 20 minutes)

Below is a circle cut into four parts. Label the parts: Sad, happy, angry, and neutral. Within each section list as many songs as you can that you play when you are feeling those emotions.



Stories through song with Fawn Wood

Individual or group activity (approximately 45 minutes)

Above you were able to explore the music you like to listen to when you are feeling different moods. Now you are going to listen to four songs. In each section write down 5-10 words that describe what emotions or feelings the songs bring up for you. All QR codes are scannable or clickable.



Stand up / Stand N Rock



Remember me - Fawn Wood



Why - Supaman



Sisters - The Halluci Nation

Individual journaling activity

After exploring the power of storytelling through music, you have been able to see how music can be an indicator of our mood. Music is something we often use as a way to amplify our mood; if we are happy we play happy music. Also consider how music might alter your mood. For example, if you are feeling happy but a sad song comes on sometimes it can have the ability to bring you down, or vice versa with a happy song. In this journaling activity, choose a song that is meaningful to you. Create a one paragraph entry about the mood you are in when you listen to the song and why you might choose that song at that time. Explore your own feelings and your attachment to the song. What is the song about? Why is that topic important to you? Does the song have a memory attached to it? What makes it so powerful?

